

## The Phenomenal Women Empowerment in India and Perspective

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### Abstract.

*Empowerment can be viewed as means of creating a social environment in which one can make decisions and make choices either individually or collectively for social transformation. The empowerment strengthens the innate ability by way of acquiring knowledge, power and experience. Empowerment is the process of enabling or authorizing individual to think, take action and control work in an autonomous way. It is the process by which one can gain control over one's destiny and the circumstances one's lives. There are always a number of elements in the society which are deprived of their basic rights in Every society, state and nation, but these elements lack in the awareness of their rights. The importance which used to be given to women is declining in today's society. As a consequence of this growing tendency of underestimating women such as to make them occupy a secondary position in society and to deprive them of their basic rights, the need for empowering women was felt. Empowering women has become the focus of Empowering women has become the focus of considerable discussion and attention all over the world. Women Empowerment is the pre-eminent contraption to expand women's ability to have resources and to make strategic life choices. The process of Empowerment and development of women is essentially the process of upliftment of economic, social and political status of women, the traditionally underprivileged ones, in the society.*

**Keywords :** *Importance, Policies, Govt. Scheme.*

### Introduction:

**E**mpowerment can be viewed as means of creating social environment in which one can make decisions and make choices either individually or collectively for social transformation. The empowerment strengthens the innate ability by way of acquiring knowledge, power and experience. Empowerment is the process of enabling or authorizing individual to think, take action and control work in an autonomous way. It is the process by which one can gain control over one's lives destiny and the circumstances one's lives. There are always a number of elements in the society which are deprived of their basic rights in Every society, state and nation, but these elements lack in the awareness of their rights. If we enlist such element from the society, then women would top this list. In fact, women are the most important factor of every society. Even though everybody is aware of this fact. As a consequence of this growing tendency of underestimating women such as to make them occupy a secondary position in society and to

deprive them of their basic rights, the need for empowering women was felt. Empowering women has become the focus of Empowering women has become the focus of considerable discussion and attention all over the world Today we enjoy the benefits of being citizens of a free nation, but we really need to think whether each of the citizens of our country is really free or enjoying freedom, in the true sense of the term. The inequalities between men and women and discrimination against women are an age-old issue all over the world. Thus women quest for equality with man is a universal phenomenon. Women should equal with men in matters of education, employment, inheritance, marriage, and politics etc. Their quest for equality has given birth to the formation of many women's associations and launching of movements. The constitution of our nation doesn't discriminate between men and women, but our society has deprived women of certain basic rights, which were bestowed upon them by our constitution. Empowerment allows individuals to reach their full potential, to improve their political and social participation. And to believe in their own capabilities.

**Research Methodology**

This study is based on the secondary data. It is collected from websites, books. And related research paper

**Objectives of the research:**

1. To study of women challenges and perspective.
2. To check the Government policies.

**Importance of women's Empowerment:**

To a certain extent of total population of the world is engaged with women. In every sphere of life they have right to be treated equally with men. The overall development of Society is pivot on women's empowerment. Energetic involvement of women in economic activities and determinations, would bestow overall economic development. With the dedication and hard work today women are ruling over the world and making their mark in various fields. They are no more treated as an object or galley. Since they have shown their excellence in diligence, as a result, companies are hiring women force in more numbers. Beside this they are counter balancing among their social, personal and executive lives. Rural women and their progress should be strained. A sustainable change in the society will come with a special focus on empowering girls and women, which would be sustainable and will be in effect for ages to come. An integrated approach must be followed while empowering women.

**Need of women's Empowerment in India:**

We live in such country where females are forced to be responsible for only family care and live in the home including other many restrictions whereas males are dominating in very area. The female only covers almost 50% of the population in India so the entire development of the country depends on the half population, who are not of the country depends on the half population, who are not empowered and still restricted by many social boycotts. In such condition, we cannot say that our country would be a developed in the upcoming era without empowering its half population, which is acquired by women. If we want to make our country a developed country, first of all it is very necessary to empower women by the efforts of men, government and laws.

**Role of women in Society:**

Women now are educated and due to many programmers of awareness and upliftment, their status is being changing in every society whether deprived or privileged. Women's today are not just considered taking care of a household but as a careerist along with taking care of the family. Today in every field whether politics, literature, private sectors and even in army, women are achieving milestones and making their marks with their talent and capability. Women at home are a mother taking care of their kids, cooking and outside at the workplace is a professional motivates to aspire in her carrier. This is the situation because of the programmers and awareness about the gender equality and generating self-confidence in women by educating them and leaves and customs. According to **H. B. Stowe**, "women are the real architects of society"

**Policies for women Empowerment:**

Government has started many schemes to develop and endeavor respect to women in society. Government of India has launched National policy for Empowerment of women.

Some of the objectives of the policy are:

1. Creating environment of economic and social policies for full development of women to realize their full potential.
2. Create an environment to provide fundamental environment to women equal to men in all political, economic, social, cultural and civic spheres.
3. Providing equal access in participating and decision making in social and economic life of nation.
4. Equal access to women in healthcare, quality education, social security and public life.
5. Strengthening legal systems to eliminate all kind of discrimination against women.
6. Elimination of all kinds of violence against women and girl child.

**Indian government schemes for women empowerment:**

In the recent years, the government of India has performed various constitutional and legal rights in order to banish ill practices and gender



discrimination against women. Although, in order to solve such a big issue, the continuous effort of everyone including women is required.

Acts passed by the parliament are Equal Remuneration Act-1976, Dowry prohibition Act-1961, immoral traffic (prevention) Act-1956, Medical termination of pregnancy Act-1971, Maternity Benefit Act-1961, commission of sati (prevention) Act-1987, prohibition of Child Marriage Act-2006, preconception & pre-Natal Diagnostic Techniques (Regulation and prevention of misuse) Act-1994, Sexual Harassment of women at work place (Prevention, Protection and) Act-2013, etc in order to empower women with legal rights. Government has passed another act in order to provide safety to women and reduce crime against women in India, juvenile justice (Care and Protection of Children) Act, 2000) in order to reduce the juvenile age from 18 to 16 years in cases of heinous offenses.

#### **Conclusion:**

The empowerment of women has become one of the most important concerns of 21<sup>st</sup> century not only at national level but also at the international level. Government initiatives alone would not be sufficient to achieve this goal. Society must take initiative to create a climate in which there is no gender discrimination and women have full opportunities of self-decision making and participating in social, political and economic life of the country with a sense of equality. By the study we can say that we should break the barriers of our society and tradition which are pulling us backward. Time is changing and in the worked where we talk and debate about overall development of humankind, women should not be deprived of opportunities only because of their gender. Women have proved themselves having equal capabilities as men to endeavor, and shouldn't be discriminated, women has all the right to have equal opportunity, equal salary, choices, independence to choose, independence to take decisions about their life etc. Empowerment of women will make them confident and confidence will aspire them for growth in their professional or personal life. Empowerment will motivate them to argue for tight things, raise voice

against mishappening and help in the development of country and the mankind.

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